



Yorkshire

SPA RETREAT



FAQ's For Gym Membership

For all enquiries please email gym@yorkshire-spa-retreat.co.uk

What Are Your Opening Times?

Our gym welcomes external members daily
between 7:00am – 9:00pm

How Much Is A Membership?

Our membership has four price options...

- Annual Gym Membership – £780 (one-off payment)
- Annual Gym Membership & Spa Pass – £1,140 (one-off payment, includes 1 free spa access per month)
- Monthly Gym Membership – £65/month (direct debit)
- Monthly Gym Membership & Spa Pass – £95/month (direct debit, includes 1 free spa access per month)

Can I Save Up My Free Spa Days?

No, your complimentary three-hour spa pass is issued monthly and must be used within that month. Passes cannot be rolled over or accumulated. Please note this pass is only valid on a certain membership type.

What Age Do You Need To Be To Use The Gym?

Membership is available to those aged 16 and above.

How Do I Join?

To become a member, please email us at gym@yorkshire-spa-retreat.co.uk and a member of our team will assist you.

Do I Have To Attend My Induction?

An induction is not mandatory, however it is highly advised. Attending your induction will help you feel confident with our equipment, introduce you to our membership app, and ensure you know how to get the very best out of your gym experience.

How Do I Cancel My Membership?

Memberships have an initial minimum term of 6 months. After this period, a 3-month cancellation notice is required.

Can I Freeze My Membership?

Unfortunately, memberships cannot be frozen.

How Does The Gym Work?

Membership operates via a QR code system using the Technogym App. Each time you visit, you'll generate a one-time code to gain secure access to the gym.

How Do I Get My 10% Off Food And Spa Treatments?

You will be given a membership card. Please show this when dining and when booking to receive your discount

Are Classes Included In My Membership?

Virtual classes are included in your membership. However, instructor-led classes will be chargeable and payment will be required when booking onto the session.

Do I Need Money For A Locker?

No, these will work on a digital code basis