

Standard Gym Memberships

Monthly Membership – £65/month (Direct Debit)

Annual Membership – £780 (One-off payment)

Gym & Spa Memberships

Monthly Gym & Spa Membership – £95/month (Direct Debit, includes 1 spa pass per month worth £75 plus 20% off additional spa passes for the member)

Annual Gym & Spa Membership – £1,140 (One-off payment, includes 1 spa pass per month worth £75 plus 20% off additional spa passes for the member)

The Ultimate Gym & Spa Memberships

Monthly Membership – £165/month (Direct Debit includes unlimited spa and gym access, plus 20% off spa treatments and retail products, along with reduced-price guest passes)

Annual Membership – £1950 (One-off payment includes unlimited spa and gym access, plus 20% off spa treatments and retail products, along with reduced-price guest passes)

Exclusive Member Benefits

7 days a week access, 7am - 9pm

Technogym state-of-the-art equipment

Fitness Studio & Instructor-led classes (Launching Spring 2026)

To join or enquire, email us at gym@yorkshire-spa-retreat.co.uk or call 01439 413102